PSYCHOLOGY

Psychology (PSYC)

PSYC C1000 - Introduction to Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations. [Formerly PSYC 1] Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 110]

Advisory: Eligibility for college-level writing (C-ID ENGL 100) and reading (a course with an exiting skill of ability to read a college level text)
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 2 - Exploring Careers in Psychology (1 unit)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 17 hours lecture
This course explores career options in Psychology. Students are introduced to options at various education levels, including bachelor's, master's, and doctoral. Students draft a customized education plan and professional documents, such as resume/curriculum vitae and personal statements. This course is designed for students interested in majoring in psychology. Portions of instruction may be offered online; may also be offered fully online.

Advisory: PSYC C1000; Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU
GE Credit: MPC 7.2 Career Exploration

PSYC 3 - Introduction to Social Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course considers individual human behavior in relation to the social environment. The power of the situation, other individuals, and the social group are examined. Emphasized topics include: aggression, prejudice and stereotypes, interpersonal attraction, attitudes and attitude change, conformity, group phenomena, gender roles, cultural norms, person perception, and social cognition. Offered as PSYC 3 and SOCI 3; credit may be earned only once. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 170]

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 6 - Psychology of Women (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course is an introduction to theories and current research in the field of psychology of women. The biological, cultural, economic, familial, political, psychological, and social factors that influence the female experience throughout the lifespan will be examined. Portions of instruction may be offered online; may also be offered fully online.

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 10 - Introduction to Research Methods in Psychology with Lab (4 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture; 51 hours lab
This course surveys various psychological research methods with an emphasis on research design, experimental procedures, descriptive methods, instrumentation, and the collection, analysis, interpretation, and reporting of research data. Research design and methodology are examined through a review of research in a variety of the subdisciplines of psychology. In laboratory sessions students conduct experimental and non-experimental research in a variety of areas of psychology. Actual data collected from research conducted during laboratory sessions is analyzed with statistical software. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 205B]

Prerequisite(s): STAT C1000 or PSYC 19 or SOCI 19; PSYC C1000
Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC

PSYC 19 - Introduction to Statistics for the Social Sciences (4 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lecture
This course introduces statistical methods for collecting and analyzing data in the social sciences. Topics include basic research design, descriptive statistics, probability and sampling distributions, statistical inference and power, linear correlation and regression, t-test and one-way analysis of variance, and chi-square. Students use appropriate technology (e.g., calculators and SPSS) to analyze real-world data and report results using American Psychological Association and American Sociological Association styles. This course is intended for students majoring in the behavioral/social sciences. Offered as PSYC 19 and SOCI 19; credit may be earned only once. Portions of instruction may be offered online; may also be offered fully online. [C-ID MATH 110; SOCI 125]

Prerequisite(s): Placement based on multiple measures; or Intermediate Algebra or higher
Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
UC Transfer Limits: STAT C1000, PSYC 19, SOCI 19 combined: maximum credit, 1 course
GE Credit: Cal-GETC 2: Mathematical Concepts and Quantitative Reasoning

PSYC 25 - Lifespan Development (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course provides an overview, from a psychological perspective, of human development from conception through death, including biological and environmental influences. Theories and research of physical, cognitive, personality, and social development are examined, as well as attention to developmental problems. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 180]

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 30 - Introduction to Cognitive Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course will serve as an introduction to the field of cognitive psychology that focuses on topics and theories centered around sensation, perception, memory, learning, executive functioning, decision-making, problem-solving, language, attention, intelligence, and other mental processes that impact or are related to cognition. Portions of instruction may be offered online; may also be offered fully online.

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 35 - Introduction to Abnormal Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 120]

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 38 - Biological Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders will be addressed. The course also notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 150]

Prerequisite(s): PSYC C1000
Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences, 5B: Biological Science; MPC 4 Social and Behavioral Sciences

PSYC 40 - Human Sexuality (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course is an introductory overview of the field of human sexuality. Human sexuality is examined from psychological, biological, sociocultural, and historical perspectives. Students are encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment are explored. Provider approved by the California Board of Registered Nursing, provider number 00184 for 45 contact hours. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 130]

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU & UC
GE Credit: Cal-GETC 4: Social and Behavioral Sciences; MPC 4 Social and Behavioral Sciences

PSYC 50 - Health Psychology (3 units)
Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture
This course examines the psychological and sociocultural aspects of health, illness and healing. Topics include stress and coping, personality and health, health related disorders and problems, along with the importance of intimate and loving relationships in creating a healthy mind and body. Portions of instruction may be offered online; may also be offered fully online.

Advisory: Completion of or concurrent enrollment in ENGL C1000
Credit transferable: Transfers to CSU
GE Credit: MPC 4 Social and Behavioral Sciences, 7.1 Wellness