

PHYSICAL EDUCATION AIDE, ASSOCIATE IN SCIENCE

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

Suggested Course Sequence

Year 1

Fall		Units
ENGL 1A	College Composition	3
or ENGL 1AE	or College Composition: Enhanced	
LIBR 50	Introduction to Library and Research Skills	1
MPC GE Area A2 (MATH 16 Recommended)		4
KINS 40	Introduction to Kinesiology	3
KINS 41	Prevention and Care of Athletic Injuries	3
Select 1 unit from the approved list of Major activity courses		1
Units		15

Spring

ANAT 5	Human Biology	4
KINS 48	Psychology of Fitness and Sport Performance	3
SPCH 1	Public Speaking	3
or SPCH 2	or Small Group Communication	
MPC GE Area C		3
Select 2 units from the approved list of Major activity courses		2
Units		15

Year 2

Fall

MPC GE Area F		3
Select 1 unit from the approved list of Major activity courses		1
Electives (ENGL 2 Recommended)		3
Electives		9
Units		16

Spring

Red Cross Advanced First Aid and CPR Certification		0
Select 2 units from the approved list of Major activity courses		2
Electives		12
Units		14
Total Units		60