

# NUTRITION AND FOOD, CERTIFICATE OF ACHIEVEMENT

---

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

## Suggested Course Sequence

### Year 1

Fall		Units
NUTF 1	Nutrition	3
NUTF 2	Introduction to Careers in Nutrition, Dietetics, and Food	1
NUTF 3	Nutrition Issues and Controversies	2
NUTF 10 & NUTF 10L	Food Science and Food Science and Safety Laboratory	3
<b>Units</b>		<b>9</b>
<b>Total Units</b>		<b>9</b>