

PERSONAL WELLNESS AND HEALTH PROFESSIONS, CERTIFICATE OF TRAINING

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

Suggested Course Sequence

Year 1

Fall		Units
COUN 50	Making College Count	3
CSIS 50 & CSIS 50L	MS Office Applications and MS Office Applications Lab	3
MEDA 100	Introduction to Health Careers	1
Select one course from the following:		2-3
HLTH 4 or NUTF 1 or KINS 63 or PSYC 50	Healthy Living or Nutrition or Fitness Anatomy and Kinesiology or Health Psychology	
Units		9-10
Spring		
MEDA 105	Medical Terminology	4
MEDA 120	Medical Assisting Clinical Techniques I	3
Units		7
Total Units		16-17