

KINESIOLOGY, ASSOCIATE IN ARTS FOR TRANSFER

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

Suggested 2-Year Course Sequence

Year 1

Fall		Units
ENGL 1A	College Composition	3
or ENGL 1AE	or College Composition: Enhanced	
MATH 16	Elementary Statistics	4
KINS 40	Introduction to Kinesiology	3
Major Movement Based Course		1
CSU GE Area C2 (US-1 Course Recommended)		3
Elective (LIBR 50 or COUN 10 Recommended)		1
Units		15

Spring

ENGL 2	Argumentative Writing and Critical Thinking	3
ANAT 1 & ANAT 2	Human Anatomy and Human Anatomy Lab	4
Major List A (HLTH 5 Recommended)		3
Major Movement Based Course		1
CSU GE Area F (US-2 & 3 Course Recommended)		3
Units		14

Year 2

Fall

SPCH 1	Public Speaking	3
or SPCH 2	or Small Group Communication	
or SPCH 3	or Interpersonal Communication	
CHEM 30A	Introductory Chemistry for Health Sciences	4
Major Movement Based Course		1
CSU GE Area D		3
CSU GE Area E		3
Elective (CSU/UC Transferable)		1
Units		15

Spring

PHSO 1 & PHSO 2	Human Physiology and Human Physiology Lab	5
CSU GE Area C1		3
CSU GE Area C1 or C2		3
CSU GE Area D		3
Elective (CSU/UC Transferable)		2
Units		16
Total Units		60