

ATHLETIC COACHING, CERTIFICATE OF ACHIEVEMENT

The Athletic Coaching Certificate of Achievement is designed to prepare students to become certified athletic coaches in the recreational and competitive sports industry. Students completing the certificate will be more qualified to coach inter-scholastically, within sport organizations, and in private business. A final interview will conclude completion of the certificate. Courses focus on coaching methodology, coaching diverse athlete populations, sports psychology, sports medicine, and advanced skill knowledge.

Learning Outcomes

Upon successful completion of the program, students will be able to:

- Formulate a full season plan of practice for the diverse athletes in their respective sport.
- Interpret the rules and regulation of student's sport of choice.

Certificate of Achievement Requirements

Code	Title	Units
Required Core		
KINS 41	Prevention and Care of Athletic Injuries	3
KINS 43	Theory of Coaching	3
KINS 44	Sport in Society	3
KINS 48	Psychology of Fitness and Sport Performance	3
KINS 50	Orientation for Athletes and Athletics	2
Select one course from the following:		1
PHED 2A	Golf I	
PHED 5A	Tennis I	
PHED 6A	Soccer I	
PHED 7A	Swimming I	
PHED 15A	Volleyball I	
PHED 22A	Introduction to Basketball	
PHED 24A	Beach Volleyball I	
PFIT 30A	Triathlon Training I	
Select one course from the following:		3
KINS 40	Introduction to Kinesiology	
KINS 45	Introduction to Careers in Sports Medicine and Allied Health	
Total Units		18

Please refer to the graduation requirements section of the Catalog for information about degree and certificate requirements including Reading and Writing, Mathematics, Information Competency, and General Education requirements.