

ATHLETIC COACHING, CERTIFICATE OF ACHIEVEMENT

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

Suggested Course Sequence

Year 1

Fall		Units
KINS 41	Prevention and Care of Athletic Injuries	3
KINS 43	Theory of Coaching	3
KINS 44	Sport in Society	3
Units		9
Spring		
KINS 40 or KINS 45	Introduction to Kinesiology or Introduction to Careers in Sports Medicine and Allied Health	3
KINS 48	Psychology of Fitness and Sport Performance	3
KINS 50	Orientation for Athletes and Athletics	2
PHED 2A or PHED 5A or PHED 6A or PHED 7A or PHED 15A or PHED 22A or PHED 24A or PFIT 30A	Golf I or Tennis I or Soccer I or Swimming I or Volleyball I or Introduction to Basketball or Beach Volleyball I or Triathlon Training I	1
Units		9
Total Units		18