

PUBLIC HEALTH, ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science for Transfer in Public Health degree (AS-T in Public Health) is designed to provide students with a strong foundation for upper-division studies in health-related majors. This program offers comprehensive training in social, behavioral, and biological sciences as they pertain to public health. Students will explore various career pathways within the public health field, including roles in health education, health agencies, medical centers, long-term care facilities, and both private and public health organizations, as well as local, state, and federal health departments. Public health professionals are dedicated to tracking disease outbreaks, reducing health disparities, and advocating for healthcare equity and accessibility. They also work to prevent health issues by implementing educational programs, recommending policies, administering services, and conducting research.

This 60-unit degree fulfills the lower-division coursework requirements for transfer to California State University (CSU) institutions for majors such as Health Science, Public Health, Kinesiology, and Collaborative Health and Human Services, positioning students to pursue a baccalaureate degree and make a meaningful impact in the field of public health. Students must complete the Associate Degree for Transfer requirements to earn the AS-T degree.

Upon successful completion of the program, students will be able to:

- Evaluate current health conditions among vulnerable populations, analyze disparities in health outcomes within these populations, and identify evidence-informed interventions to reduce the disease burden and improve health outcomes to maximize health and wellness.
- Effectively create and communicate strategies or tactics to improve health inequalities, such as advocacy, community organizing, and/or policy change.
- Identify, evaluate, utilize, and articulate credible information resources on personal and public health issues from multiple sources, including social media, media outlets, popular texts, and scientific literature.

Associate in Science for Transfer Degree Major Requirements

Code	Title	Units
Required Core		
BIOL 10	Principles of Biology	4-5
or BIOL 21	Concepts in Biology I: Cells, Genetics, and Organisms	
or BIOL 22	Concepts in Biology II: Diversity, Ecology, and Evolution	
HLTH 1	Introduction to Public Health	3
HLTH 4	Personal Health and Wellness	3
HLTH 12	Health and Social Justice	3
STAT C1000	Introduction to Statistics	4
or PSYC/SOCI 19	Introduction to Statistics for the Social Sciences	
List A		
Select one course from the following:		4-5
ANAT 1	Human Anatomy with Cadaver Lab	
BIOL 25 & BIOL 26	Applied Microbiology Lecture and Applied Microbiology Laboratory	

CHEM 1A	General Chemistry I	
PHSO 1 & PHSO 2	Human Physiology and Human Physiology Lab	
List B		
Select one course from the following:		3
HLTH 7	Women's Health	
NUTF 1	Nutrition	
PSYC C1000	Introduction to Psychology	
SOCI 1	Introduction to Sociology	
TOTAL MAJOR UNITS		24-26
Additional Requirements		34-36
Complete Cal-GETC pattern and electives, if needed, for a total of 60 transferable units.		
Total Units		60

Please refer to the program requirements section of the Catalog for information about associate degree requirements and certificate requirements including Information Competency, and General Education requirements.