

# DANCE

- Dance, Associate in Arts

## Dance (DANC)

### DANC 5 - Dance Appreciation (3 units)

*Letter Grade (LG) Only • Total hours: 51 hours lecture*

This lecture course provides exposure to historical and contemporary dance forms and their religious, social, cultural, and artistic qualities. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU C1 Arts; IGETC 3A Arts; MPC C Humanities*

### DANC 10A - Modern Dance I (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

The beginning student develops the fundamentals of movement. Emphasis is placed on modern dance techniques, the exploration of time, space and energy. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 10B - Modern Dance II (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 10A. Students learn to move with freedom and control in more intermediate movement patterns. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 10A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 10C - Modern Dance III (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 10B. Students learn to move with freedom and control in intermediate/advanced modern dance movement patterns. Class is geared to the intermediate advanced dancer. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 10B*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 10D - Modern Dance IV (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 10C. Students learn to move with freedom and control in advanced modern dance movement patterns. The class is geared to the advanced dancer. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 10C*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 11A - Jazz Dance I (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is an introduction to jazz dance. Students develop Jazz technique skills, including steps, phrases, body isolations, and various rhythmic patterns. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 11B - Jazz Dance II (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 11A. Students develop jazz dance skills in isolating movement working with jazz musical rhythms at the intermediate level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 11A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 11C - Jazz Dance III (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 11B. Students develop style, performance, and the ability to learn new movements quickly, at the intermediate/advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 11B*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 11D - Jazz Dance IV (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 11C. Students develop style, performance, and the ability to pattern new movements quickly at the advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 11C*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 12A - Ballet I (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

The course is an introduction to classical ballet movement. Beginning barre work and center work are covered, as well as an introduction to basic arm and foot positions. The focus is on correct body alignment. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

### DANC 12B - Ballet II (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

This course is a continuation of DANC 12A, the study of classical ballet technique. It includes intermediate combinations and movements at the barre and a greater emphasis on center work. Students learn intermediate combinations with a greater number of steps. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 12A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 12C - Ballet III (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 12B. It continues the study of classical barre and center work at the intermediate-advanced level. It includes a more complex barre with more emphasis on center work. Students learn longer combinations with a greater number of steps. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 12B*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 12D - Ballet IV (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 12C. Emphasis is on improving line, pirouettes, beats, and choreography at an advanced level. Beginning pointe work is allowed with instructor's permission. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 12C*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 14A - Ballroom Dance I (0.5-1 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34-68 hours lab*  
This course covers the study of various ballroom dances for singles and couples at a beginning level. The foxtrot, swing, waltz, Latin, and current dances are emphasized. The relationship of specific music to specific dances is stressed. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 14B - Ballroom Dance II (0.5-1 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34-68 hours lab*  
This course is a continuation of DANC 14A. Students study various ballroom dances for singles and couples at the intermediate level. The course includes further study of the foxtrot, waltz, swing, and Latin dances with specific music for specific dances. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 14A (or DANC 14)*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 14C - Ballroom Dance III (0.5-1 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34-68 hours lab*  
A continuation of DANC 14B. This course covers the study of various ballroom dances for singles and couples at an intermediate/advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 14B*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 14D - Ballroom Dance IV (0.5-1 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34-68 hours lab*  
This course is a continuation of DANC 14C. It covers the study of various ballroom dances for singles and couples at an advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 14C*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 15A - Ethnic Dance Forms I (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course introduces students to the dances of various ethnic groups, either historical or modern. The course includes information about the culture of origin. The dances of the Middle East, Asia, Africa, Europe and the Americas are taught. Current emphasis is Middle Eastern "belly" dance. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 15B - Ethnic Dance Forms II (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 15A. Students learn intermediate dance skills of various ethnic groups. This course further explores the culture and origins of the dance forms. Current emphasis is Middle Eastern "belly" dance. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 15A (or DANF 15A)*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 15C - Ethnic Dance Forms III (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 15B. Students develop ethnic dance skills at an intermediate/advanced level. Students also gain additional knowledge of the history and cultural origins of the dance form. Current emphasis is Middle Eastern "belly" dance. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 15B (or DANF 15B)*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 15D - Ethnic Dance Forms IV (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 15C. Students develop ethnic dance skills at an advanced level. Students also gain additional knowledge of the history and cultural origins of the dance form. Current emphasis is Middle Eastern "belly" dance. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 15C (or DANF 15C)*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 18A - Hip Hop Dance I (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is an introduction to Hip Hop dance. Students develop skills including sequencing, steps, phrases, body isolations, and various rhythm patterns as they apply specifically to this dance form. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 18B - Hip Hop Dance II (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 18A. Students develop beginning-intermediate skills including sequencing, steps, phrases, body isolations, and various rhythm patterns as they apply specifically to this dance form. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 18A*

*Credit transferable: Transfers to CSU*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 18C - Hip Hop Dance III (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 18B. Students develop intermediate-advanced skills including sequencing, steps, phrases, body isolations, improvisation and various rhythm patterns as they apply specifically to this dance form. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 18B*

*Credit transferable: Transfers to CSU*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 18D - Hip Hop Dance IV (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course is a continuation of DANC 18C. Students develop advanced skills including sequencing, steps, phrases, body isolations, improvisation and various rhythm patterns as they apply specifically to this dance form. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 18C*

*Credit transferable: Transfers to CSU*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 19A - Salsa Dance I (0.5 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34 hours lab*  
This course offers an introduction to salsa dance at a beginning level. Students learn different styles and cultural aspects of the dance form. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 19B - Salsa Dance II (0.5 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34 hours lab*  
This course is a continuation of DANC 19A. Students learn salsa dance styles, phrases, and cultural aspects at the intermediate level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 19A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 19C - Salsa Dance III (0.5 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34 hours lab*  
This course is a continuation of DANC 19B. Students learn salsa dance styles, phrases, and cultural aspects at the intermediate/advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 19B*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 19D - Salsa Dance IV (0.5 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 34 hours lab*  
This course is a continuation of DANC 19C. Students learn salsa dance styles, phrases, and cultural aspects at the advanced level. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): DANC 19C*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*

**DANC 20A - Dance Production- Modern Dance (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
The elements and techniques of staging a dance production are presented in this course, with an emphasis on modern dance performances. Included are solo and group choreography and performance. Technical options include costuming, lighting, and backstage. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

**DANC 20B - Dance Production-Jazz (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course presents the elements and techniques of staging a dance production, with an emphasis on jazz dance performance. Included are solo and group choreography and performance. Technical work includes costuming, lighting, and backstage work. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

**DANC 20C - Dance Production-Ethnic Dance (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
This course presents the elements and techniques of staging a dance production, with an emphasis on ethnic dance performance. Included are solo and group choreography and performance. Technical options include costuming, lighting, and backstage work. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

**DANC 20D - Dance Production-Ballet (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*  
The elements and techniques of staging a dance production are presented in this course, with an emphasis on ballet performances. Included are solo and group choreography and performance. Technical options include costuming, lighting, and backstage. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

**DANC 21 - Introduction to Repertory-Jazz (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lab*

Students learn and rehearse complete jazz dances and improve skills such as memory, mental rehearsal, and projection. This class focuses on dances in the jazz style. Dances are performed in dance concert. Portions of instruction may be offered online; may also be offered fully online.

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU E Lifelong Learning and Self-Development; MPC E1 Wellness*