

# DANCE, ASSOCIATE IN ARTS

The model sequence of coursework below is one pathway for students to complete the program. The information below is not an official educational plan. An MPC Counselor can assist you with creating a personalized education plan based on your academic, career, and personal goals. Visit MPC's Counseling website for more information about Counseling and up-to-date program requirements.

## Suggested 2-Year Course Sequence

### Year 1

Fall		Units
ENGL 1A or ENGL 1AE	College Composition or College Composition: Enhanced	3
LIBR 50	Introduction to Library and Research Skills	1
MPC GE Area A2 (MATH 10 or MATH 16 Recommended)		4
DANC 5 or DANC 6	Dance Appreciation or World Cultural Dance	3
Dance Technique - Select three units from the following:		3
DANC 10A or DANC 10B or DANC 10C or DANC 10D or DANC 11A or DANC 11B or DANC 12A or DANC 12B or DANC 12C or DANC 12D or DANC 14A or DANC 14B or DANC 15A or DANC 15B or DANC 18A or DANC 18B or DANC 19A or DANC 19B	Modern Dance I or Modern Dance II or Modern Dance III or Modern Dance IV or Jazz Dance I or Jazz Dance II or Ballet I or Ballet II or Ballet III or Ballet IV or Ballroom Dance I or Ballroom Dance II or Ethnic Dance Forms I or Ethnic Dance Forms II or Hip Hop Dance I or Hip Hop Dance II or Salsa Dance I or Salsa Dance II	
Elective (COUN 10 Recommended)		1
<b>Units</b>		<b>15</b>

### Spring

KINS 51 or KINS 63	Fitness and Wellness Strategies or Fitness Anatomy and Kinesiology	2
MPC GE Area B and Lab		4
Dance Technique - Select three units from the following:		3
DANC 10A or DANC 10B or DANC 10C or DANC 10D or DANC 11A or DANC 11B or DANC 12A or DANC 12B or DANC 12C or DANC 12D or DANC 14A or DANC 14B or DANC 15A or DANC 15B or DANC 18A or DANC 18B or DANC 19A or DANC 19B	Modern Dance I or Modern Dance II or Modern Dance III or Modern Dance IV or Jazz Dance I or Jazz Dance II or Ballet I or Ballet II or Ballet III or Ballet IV or Ballroom Dance I or Ballroom Dance II or Ethnic Dance Forms I or Ethnic Dance Forms II or Hip Hop Dance I or Hip Hop Dance II or Salsa Dance I or Salsa Dance II	
Major Electives - Select two units from the following:		2

DANC 5	Dance Appreciation
or DANC 6	or World Cultural Dance
or	or Modern Dance I
DANC 10A	or Modern Dance II
or	or Modern Dance III
DANC 10B	or Modern Dance IV
or	or Ballet I
DANC 10C	or Ballet II
or	or Ballet III
DANC 10D	or Ballet IV
or	or Ballroom Dance I
DANC 12A	or Ballroom Dance II
or	or Ballroom Dance III
DANC 12B	or Ballroom Dance IV
or	or Ethnic Dance Forms I
DANC 12C	or Ethnic Dance Forms II
or	or Ethnic Dance Forms III
DANC 12D	or Ethnic Dance Forms IV
or	or Hip Hop Dance I
DANC 14A	or Hip Hop Dance II
or	or Salsa Dance I
DANC 14B	or Salsa Dance II
or	or Salsa Dance III
DANC 14C	or Salsa Dance IV
or	or Dance Production- Modern Dance
DANC 14D	or Dance Production-Jazz
or	or Dance Production-Ethnic Dance
DANC 15A	or Dance Production-Ballet
or	or Introduction to Repertory-Jazz
DANC 15B	or Fitness and Wellness Strategies
or	or Fitness Exercise Physiology
DANC 15C	or Fitness Anatomy and Kinesiology
or	or Music Appreciation
DANC 15D	or Introduction to Broadway Musicals
or	or Introduction to Jazz and Pop
DANC 18A	or Introduction to World Music
or	or Core Matwork I
DANC 18B	or Core Matwork II
or	or Core Matwork III
DANC 19A	or Core Matwork IV
or	or Yoga I
DANC 19B	or Yoga II
or	or Yoga III
DANC 19C	or Yoga IV
or	or Flexibility and Relaxation Techniques I
DANC 19D	or Flexibility and Relaxation Techniques II
or	or Flexibility and Relaxation Techniques III
DANC 20A	or Introduction to Theatre
or	or Voice and Movement
DANC 20C	or Musical Theatre Techniques
or	or Acting I
DANC 20D	or Introduction to Theatre Design
or DANC 21	or Introduction to Stage Lighting
or KINS 51	or Fundamentals of Costume Design
or KINS 60	or Dance Theatre - Contemporary
or KINS 63	or Dance Theatre - Classical
or MUSI 1	
or MUSI 2	
or MUSI 3	
or MUSI 5	

or PFIT 15A  
 or PFIT 15B  
 or PFIT 15C  
 or PFIT 15D  
 or PFIT 17A  
 or PFIT 17B  
 or PFIT 17C  
 or PFIT 17D  
 or PFIT 21A  
 or PFIT 21B  
 or PFIT 21C  
 or THEA 1  
 or THEA 3  
 or THEA 14  
 or  
 THEA 15A  
 or THEA 20  
 or THEA 23  
 or THEA 24  
 or  
 THEA 70A  
 or  
 THEA 70B

Electives (ENGL 2 Recommended) 3

Elective 1

**Units 15**

## Year 2

### Fall

MPC GE Area C 3

Dance Technique - Select 3 units from the following: 3

DANC 10A	Modern Dance I
or	or Modern Dance II
DANC 10B	or Modern Dance III
or	or Modern Dance IV
DANC 10C	or Jazz Dance I
or	or Jazz Dance II
DANC 10D	or Ballet I
or	or Ballet II
DANC 11A	or Ballet III
or	or Ballet IV
DANC 11B	or Ballroom Dance I
or	or Ballroom Dance II
DANC 12A	or Ethnic Dance Forms I
or	or Ethnic Dance Forms II
DANC 12B	or Hip Hop Dance I
or	or Hip Hop Dance II
DANC 12C	or Salsa Dance I
or	or Salsa Dance II
DANC 12D	
or	
DANC 14A	
or	
DANC 14B	
or	
DANC 15A	
or	
DANC 15B	
or	
DANC 18A	
or	
DANC 18B	
or	
DANC 19A	
or	
DANC 19B	

Dance Production and Performance - Select one unit from the following: 1

DANC 20A	Dance Production- Modern Dance
or	or Dance Production-Jazz
DANC 20B	or Dance Production-Ethnic Dance
or	or Dance Production-Ballet
DANC 20C	or Introduction to Repertory-Jazz
or	
DANC 20D	
or DANC 21	

Major Electives - Select two units from the following: 2

DANC 5	Dance Appreciation
or DANC 6	or World Cultural Dance
or	or Modern Dance I
DANC 10A	or Modern Dance II
or	or Modern Dance III
DANC 10B	or Modern Dance IV
or	or Ballet I
DANC 10C	or Ballet II
or	or Ballet III
DANC 10D	or Ballet IV
or	or Ballroom Dance I
DANC 12A	or Ballroom Dance II
or	or Ballroom Dance III
DANC 12B	or Ballroom Dance IV
or	or Ethnic Dance Forms I
DANC 12C	or Ethnic Dance Forms II
or	or Ethnic Dance Forms III
DANC 12D	or Ethnic Dance Forms IV
or	or Hip Hop Dance I
DANC 14A	or Hip Hop Dance II
or	or Salsa Dance I
DANC 14B	or Salsa Dance II
or	or Salsa Dance III
DANC 14C	or Salsa Dance IV
or	or Dance Production- Modern Dance
DANC 14D	or Dance Production-Jazz
or	or Dance Production-Ethnic Dance
DANC 15A	or Dance Production-Ballet
or	or Introduction to Repertory-Jazz
DANC 15B	or Fitness and Wellness Strategies
or	or Fitness Exercise Physiology
DANC 15C	or Fitness Anatomy and Kinesiology
or	or Music Appreciation
DANC 15D	or Introduction to Broadway Musicals
or	or Introduction to Jazz and Pop
DANC 18A	or Introduction to World Music
or	or Core Matwork I
DANC 18B	or Core Matwork II
or	or Core Matwork III
DANC 19A	or Core Matwork IV
or	or Yoga I
DANC 19B	or Yoga II
or	or Yoga III
DANC 19C	or Yoga IV
or	or Flexibility and Relaxation Techniques I
DANC 19D	or Flexibility and Relaxation Techniques II
or	or Flexibility and Relaxation Techniques III
DANC 20A	or Introduction to Theatre
or	or Voice and Movement
DANC 20C	or Musical Theatre Techniques
or	or Acting I
DANC 20D	or Introduction to Theatre Design
or DANC 21	or Introduction to Stage Lighting
or KINS 51	or Fundamentals of Costume Design
or KINS 60	or Dance Theatre - Contemporary
or KINS 63	or Dance Theatre - Classical
or MUSI 1	
or MUSI 2	
or MUSI 3	
or MUSI 5	

or PFIT 15A  
or PFIT 15B  
or PFIT 15C  
or PFIT 15D  
or PFIT 17A  
or PFIT 17B  
or PFIT 17C  
or PFIT 17D  
or PFIT 21A  
or PFIT 21B  
or PFIT 21C  
or THEA 1  
or THEA 3  
or THEA 14  
or  
THEA 15A  
or THEA 20  
or THEA 23  
or THEA 24  
or  
THEA 70A  
or  
THEA 70B

Electives (SPCH 1 or SPCH 2 Recommended) 3

Electives 4

**Units 16**

#### Spring

MPC GE Area D 3

MPC GE Area F 3

Production and Performance - Select one unit from the following: 1

DANC 20A Dance Production- Modern Dance  
or  
DANC 20B or Dance Production-Jazz  
or  
DANC 20C or Dance Production-Ethnic Dance  
or Dance Production-Ballet  
or Introduction to Repertory-Jazz  
or  
DANC 20D  
or DANC 21

Electives 7

**Units 14**

**Total Units 60**