

# PSYCHOLOGY (PSYC)

## PSYC 1 - General Psychology (3 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

Psychology is the scientific study of behavior and mental processes. This course focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 110]

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences, E Lifelong Learning and Self-Development; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences*

## PSYC 2 - Exploring Careers in Psychology (1 unit)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 17 hours lecture*

This course explores career options in Psychology. Students are introduced to options at various education levels, including bachelor's, master's, and doctoral. Students draft a customized education plan and professional documents, such as resume/curriculum vitae and personal statements. This course is designed for students interested in majoring in psychology. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: PSYC 1; Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU*

*GE Credit: MPC E2 Career Exploration*

## PSYC 3 - Introduction to Social Psychology (3 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course considers individual human behavior in relation to the social environment. The power of the situation, other individuals, and the social group are examined. Emphasized topics include aggression, prejudice and stereotypes, interpersonal attraction, attitudes and attitude change, conformity, group phenomena, gender roles, cultural norms, person perception, and social cognition. Offered as PSYC 3 and SOCI 3; credit may be earned only once. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 170]

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences*

## PSYC 6 - Psychology of Women (3 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course focuses on the psychological, social, and biological factors that influence women's personality, behavior, and self-image throughout the life cycle. The course explores ways to promote development of women's full potential and optimum mental health. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences, E Lifelong Learning and Self-Development; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences*

## PSYC 10 - Introduction to Research Methods in Psychology with Lab (4 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture; 51 hours lab*

This course surveys various psychological research methods with an emphasis on research design, experimental procedures, descriptive methods, instrumentation, and the collection, analysis, interpretation, and reporting of research data. Research design and methodology are examined through a review of research in a variety of the subdisciplines of psychology. In laboratory sessions students conduct experimental and non-experimental research in a variety of areas of psychology. Actual data collected from research conducted during laboratory sessions is analyzed with statistical software. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 205B]

*Prerequisite(s): MATH 16 or PSYC 19 or SOCI 19; PSYC 1*

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU & UC*

## PSYC 19 - Introduction to Statistics for the Social Sciences (4 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 68 hours lecture*

This course introduces statistical methods for collecting and analyzing data in the social sciences. Topics include basic research design, descriptive statistics, probability and sampling distributions, statistical inference and power, linear correlation and regression, t-test and one-way analysis of variance, and chi-square. Students use appropriate technology (e.g., calculators and SPSS) to analyze real-world data and report results using American Psychological Association and American Sociological Association styles. This course is intended for students majoring in the behavioral/social sciences. Offered as PSYC 19 and SOCI 19; credit may be earned only once. Portions of instruction may be offered online; may also be offered fully online. [C-ID MATH 110; SOCI 125]

*Prerequisite(s): MATH 260; or MATH 263; or placement based on multiple measures*

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU & UC*

*UC Transfer Limits: MATH 16, PSYC 19, SOCI 19 combined: maximum credit, 1 course*

*GE Credit: CSU B4 Mathematics/Quantitative Reasoning; IGETC 2A*

*Mathematical Concepts/Quantitative Reasoning; MPC A2 Communication and Analytical Thinking, D Social Sciences*

## PSYC 25 - Lifespan Development (3 units)

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course provides an overview, from a psychological perspective, of human development from conception through death, including biological and environmental influences. Theories and research of physical, cognitive, personality, and social development are examined, as well as attention to developmental problems. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 180]

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences, E Lifelong Learning and Self-Development; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences, E1 Wellness*

**PSYC 35 - Introduction to Abnormal Psychology (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 120]

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences*

**PSYC 38 - Biological Psychology (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders are addressed. The course also notes historical contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 150]

*Prerequisite(s): PSYC 1*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU B2 Life Science, D Social Sciences, E Lifelong Learning and Self-Development; IGETC 4 Social and Behavioral Sciences, 5B Biological Science; MPC D Social Sciences*

**PSYC 40 - Human Sexuality (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course is an introductory overview of the field of human sexuality. Human sexuality is examined from psychological, biological, sociocultural, and historical perspectives. Students are encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment are explored. Provider approved by the California Board of Registered Nursing, provider number 00184 for 45 contact hours. Portions of instruction may be offered online; may also be offered fully online. [C-ID PSY 130]

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences, E Lifelong Learning and Self-Development; IGETC 4 Social and Behavioral Sciences; MPC D Social Sciences*

**PSYC 50 - Health Psychology (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course examines the psychological aspects of health, illness and healing. Topics include stress and coping, personality and health, importance of intimate and loving relationships in creating a healthy mind and body. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU*

*GE Credit: CSU D Social Sciences, E Lifelong Learning and Self-Development; MPC D Social Sciences, E1 Wellness*