

# HUMAN SERVICES (HUMS)

## **HUMS 50 - Introduction to Human Services and Social Work (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course is an introductory overview of social welfare and related societal institutions in the U.S. that structure the provision of social services. The course presents a historical perspective on the development of U.S. social work and human services. Special attention is given to current service delivery systems, their policies and procedures, and the tasks of culturally responsive social workers and human service workers within those settings. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE.*

*Credit transferable: Transfers to CSU & UC*

*GE Credit: CSU D Social Sciences; MPC E2 Career Exploration*

## **HUMS 51A - Human Services and Social Work Seminar (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 25 hours lecture*

This course provides the student who is participating in a supervised field experience in a community organization, agency, or institution with a weekly class meeting that provides the academic element to the experiential course offering. The application of concepts gained in the prerequisite or corequisite course to the field experience will be emphasized. This course is designed to provide the student with an opportunity to develop skills that would facilitate gaining employment in the human services field. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): HUMS 50 or PSYC 1 or SOCI 1*

*Corequisite(s): HUMS 51B*

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENG 1AE*

*Credit transferable: Transfers to CSU*

## **HUMS 51B - Human Services and Social Work Field Practicum (2 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 102 hours lab*

This course offers the student a supervised field experience in a community organization, agency, or institution, allowing the student to apply knowledge and learn new skills outside of the classroom environment. This course is designed to provide the student with an opportunity to observe, practice, and develop skills that would facilitate gaining employment in the human services field. Portions of instruction may be offered online; may also be offered fully online.

*Prerequisite(s): HUMS 50 or PSYC 1 or SOCI 1*

*Corequisite(s): HUMS 51A*

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU*

## **HUMS 53 - Introduction to Counseling (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course covers concepts and methods of interview-counseling techniques appropriate for paraprofessionals in human services settings. Primary emphasis is on the use of facilitating skills and group dynamics. Orientation to campus and community resources and the referral process for human services workers are addressed, as are aspects of counseling theory and practice applicable to placements requiring advanced problem-solving and intervention skills. Other topics include grief and loss, group counseling, conflict resolution, suicide prevention, depression, drug and alcohol abuse, and mental illness. Portions of instruction may be offered online; may also be offered fully online.

*Advisory: Completion of or concurrent enrollment in ENGL 1A or ENGL 1AE*

*Credit transferable: Transfers to CSU*

## **HUMS 54 - Family Development (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course focuses on using family development principles as a sustainable route to self-reliance, building mutually respectful relationships with families, building communication skills necessary to make relationships work effectively, understanding cultures, removing barriers to working effectively with diversity, expanding multicultural competence, and applying strengths-based assessments. The course also focuses on helping families set and reach their own goals, helping families access specialized services, home visiting, facilitation skills, and collaboration.

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU*

## **HUMS 60 - Practices in Human Services (1 unit)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 17 hours lecture*

This course provides advanced study and opportunity to share concerns regarding experience in public and private agencies offering human services. Students apply concepts, values, and skills acquired in other core courses to the process of helping others.

*Prerequisite(s): HUMS 50*

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU*

## **HUMS 61 - Introduction to Alcohol/Drug Studies (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course provides an overview of drugs and alcohol and how they affect the individual, families, and society. Topics include contemporary treatment and prevention approaches, public policy issues, community resources, and the addiction counseling profession.

*Advisory: ENGL 111*

*Credit transferable: Transfers to CSU*

## **HUMS 62 - Introduction to Gerontology (3 units)**

*Letter Grade (LG) or Pass/No Pass (P/NP) • Total hours: 51 hours lecture*

This course prepares students to assist seniors in managing their health and the psychological and social needs unique to the elderly population via a broad overview of the biological, psychological, and social aspects of aging.

*Advisory: Completion of or concurrent enrollment in ENGL 1A*

*Credit transferable: Transfers to CSU*