

# GENERAL EDUCATION REQUIREMENTS

## MPC General Education 2022-2023

The MPC General Education pattern is intended to provide a broad educational foundation for students enrolled in a Career Education or local associate degree not intended for transfer.

Completion of this pattern satisfies the general education requirements for the non-transfer associate degree only (AA, AS.) Courses listed in more than one area may be used to satisfy only one area. Consult with a counselor regarding your education plan.

### Area A - Communication Skills

Code	Title	Units
Select 3 units from each area A1 and A2. (6 units)		
<b>A1 English Composition</b>		
ENGL 1A	College Composition	3
or ENGL 1A	College Composition	
<b>A2 Communication &amp; Analytical Thinking</b>		
Select one course from the following.		
BUSI 42	Human Resources Management	3
BUSI 110	Business Mathematics	3
CSIS 1	Computer Information Systems	3
CSIS 9	Programming Fundamentals: Python	3
CSIS 10A	Programming Methods I: Java	4
CSIS 87	Computer Forensics	3
EDUC 2	Critical Thinking and Public Education	3
ENGL 2	Argumentative Writing and Critical Thinking	3
LING 49	Introduction to Discourse Analysis	3
MATH 10	Mathematics for General Education	4
MATH 12	Number Systems	4
MATH 13	Pre-Calculus	5
MATH 16	Elementary Statistics	4
MATH 17	Finite Math	4
MATH 18	Calculus and Analytic Geometry for Biology/Social Science/Bu	4
MATH 20A	Calculus with Analytic Geometry I	4
MATH 263	Intermediate Algebra and Coordinate Geometry	5
PHIL 6	Introduction to Logic	3
PHIL 10	Introduction to Critical Thinking	3
POLS 7	Introduction to Political Science Research Methods	3
PSYC 19	Introduction to Statistics for the Social Sciences	4
SOCI 15	Introduction to Research Methods	3
SOCI 19	Introduction to Statistics for the Social Sciences	4
SPCH 1	Public Speaking	3
SPCH 2	Small Group Communication	3
SPCH 3	Interpersonal Communication	3

### Area B - Natural Sciences

Code	Title	Units
Select three units from the following. Courses in this GE area must include a lab.		
ANAT 1 & ANAT 2	Human Anatomy and Human Anatomy Lab	4
ANAT 5	Human Biology	4
ANTH 2 & ANTH 2L	Introduction to Biological Anthropology and Biological Anthropology Laboratory	4
ASTR 10 & ASTR 10L	Introduction to Astronomy and Introduction to Astronomy Laboratory	4
BIOL 10	Principles of Biology	4
BIOL 13	Marine Biology	4
BIOL 21	Concepts in Biology I: Cells, Genetics and Organisms	5
BIOL 22	Concepts in Biology II: Diversity, Ecology, and Evolution	5
BIOL 25 & BIOL 26	Applied Microbiology Lecture and Applied Microbiology Laboratory	4
BIOL 31 & BIOL 32	Introduction to Environmental Science and Environmental Science Laboratory	4
CHEM 1A	General Chemistry I	5
CHEM 2	Fundamental Chemistry	4
CHEM 10	Everyday Chemistry	4
CHEM 30A	Introductory Chemistry for Health Sciences	4
ENGR 9	The Science of Robotics	4
GEOL 2 & GEOL 2L	Physical Geology and Physical Geology Laboratory	4
GEOL 3 & GEOL 3L	Historical Geology and Historical Geology Lab	4
GEOL 12 & GEOL 12L	Earth Ocean Climate: Introduction to Earth Science and Earth Ocean Climate: Introduction to Earth Science Lab	4
HORT 53	Soil Science and Management	4
NUTF 10 & NUTF 10L	Food Science and Food Science and Safety Laboratory	3
OCEN 2 & OCEN 2L	Introductory Oceanography and Introductory Oceanography Lab	4
PHYS 2A	General Physics I	4
PHYS 3A	Science and Engineering Physics I	4
PHYS 10	Introduction to Physics	4
PHYS 12	Integrated Physics and Chemistry	4
PHSO 1 & PHSO 2	Human Physiology and Human Physiology Lab	5

### Area C - Humanities

Code	Title	Units
Select three units from the following.		
ARCE 1A	Ceramic Handbuilding I	3
ARCE 2A	Ceramic Wheel Throwing I	3
ARCE 3A	Introduction to Ceramic Sculpture	3
ARCE 8	Alternative Throwing Techniques	1.5-3
ARCE 9	Alternative Firing Techniques	1.5-3
ARTB 2	Visual Fundamentals: Two-Dimensional Design	3
ARTB 3	Visual Fundamentals: Three-Dimensional Design	3

ARTB 4	Color Fundamentals	3	GENT 1	Prehistory and Earliest Civilizations (To 1200 B.C.)	1
ARTB 10	Survey of the Arts	3	GENT 2	Foundations of the Classical World (1200-500 B.C.)	1
ARTD 1A	Sculpture I	3	GENT 3	The Golden Age of Greece (500-300 B.C.)	1
ARTH 1	Art Appreciation	3	GENT 5	The Medieval World: Part I (400-1100)	1
ARTH 3	Western Art I	3	GENT 6	The Medieval World: Part II (1100-1350)	1
ARTH 4	Western Art II	3	GENT 7	The Early Renaissance (1350-1520)	1
ARTH 8	Survey of Asian Art	3	GENT 8	Late Renaissance and Reformation (1520-1600)	1
ARTH 12	Greek and Roman Art and Architecture	3	GENT 9	Foundations of the Modern World (1600-1690)	1
ARTH 14	Renaissance Art and Architecture	3	GENT 10	The Age of Reason (1690-1775)	1
ARTP 10	Introduction to Photography	3	GENT 11	Reaction and Revolution (1775-1815)	1
ARTP 11A	Photography I: Black and White	3	GENT 12	The Age of Progress (1815-1870)	1
ARTP 14	History of Photography	3	GENT 13	The End of Innocence (1870-1918)	1
ARTS 10A	Drawing and Composition I	3	GENT 14	Between the Wars (1918-1945)	1
ARTS 12A	Figure Drawing I	3	GENT 15	World War II to the Present (1945-Present)	1
ARTS 40A	Painting I	3	GENT 21	Medieval and Renaissance Europe (400-1520)	3
ARTS 60	Introduction to Printmaking	3	GENT 22	The Age of Revolution (1690-1870)	3
ARTV 1	Introduction to Film/Video	3	GENT 23	The Modern World (1870-Present)	3
COMM 7	News Writing Workshop	3	GWOS 1	Introduction to Gender and Women's Studies	3
COMM 35	Introduction to Nonverbal Communication	3	GWOS 4	Gender, Sexuality, and Popular Culture	3
DANC 5	Dance Appreciation	3	GWOS 5	Women of Color in the U.S.	3
ENGL 1B	Introduction to Literature	3	GWOS 11	Literature by and About Women	3
ENGL 5	Introduction to Great Books	3	GWOS 15	Introduction to LGBTQ Global Literatures	3
ENGL 11	Literature by and About Women	3	GWOS 40	Introduction to Feminist Theory	3
ENGL 17	Introduction to Shakespeare	3	HIST 6	History of World Religions	3
ENGL 18	The Bible As Literature	3	HIST 15	History of California	3
ENGL 22	Introduction to Poetry	3	HIST 23	Chicano History 1848 to Present	3
ENGL 25A	Great Books Seminar I	1	HIST 24	African Americans in United States History to 1865	3
ENGL 25B	Great Books Seminar II	1	HIST 25	African Americans in United States History Since 1865	3
ENGL 25C	Great Books Seminar III	1	HUMA 4	Images of Women in the Arts	3
ENGL 40A	Survey of American Literature I	3	HUMA 10	Exploration of Values in Living	3
ENGL 40B	Survey of American Literature II	3	HUMA 30	Humanities in Multicultural America	3
ENGL 43	Comics As Literature	3	HUMA 40	Introduction to Feminist Theory	3
ENGL 44	Survey of World Literature I	3	JPNS 1A	Elementary Japanese I	5
ENGL 45	Survey of World Literature II	3	JPNS 1B	Elementary Japanese II	5
ENGL 46	Survey of British Literature I	3	JPNS 2A	Intermediate Japanese	5
ENGL 47	Survey of British Literature II	3	LING 10	Foundations of Language	3
ENGL 48	Latin American Literature	3	LING 15	Introduction to Linguistics	3
ENGL 49	The Great Novel	3	LING 25	Introduction to Language and Gender	3
ETNC 4	Mexican-American Art in American Culture	3	LING 30	Introduction to the History of the English Language	3
ETNC 5	African-American Arts and Music in American Culture	3	LING 35	Introduction to Nonverbal Communication	3
ETNC 6	Culture in American Film	3	LING 45	Introduction to Language and Society	3
ETNC 23	Chicano History 1848 to Present	3	LING 46	Introduction to the Psychology of Language	3
ETNC 24	African Americans in United States History to 1865	3	LING 49	Introduction to Discourse Analysis	3
ETNC 25	African Americans in United States History Since 1865	3	LING 50	Introduction to Dialects from Here and There	3
FREN 1A	Elementary French I	5	MUSI 1	Music Appreciation	3
FREN 1B	Elementary French II	5	MUSI 2	Introduction to Broadway Musicals	3
FREN 2A	Intermediate French	5	MUSI 3	Introduction to Jazz and Pop	3
FREN 2B	Advanced French	5	MUSI 5	Introduction to World Music	3
FREN 50A	Intermediate French Conversation I	1.5	MUSI 10A	Music Theory and Musicianship I	4
FREN 50B	Intermediate French Conversation II	1.5	PHIL 2	Introduction to Philosophy	3

PHIL 4	Moral Issues	3	BUSI 46	Entrepreneurial Mindset	3
PHIL 8	Introduction to World Religions	3	COMM 5	Mass Media Methods	3
PHIL 13	Introduction to Eastern Philosophy	3	COMM 35	Introduction to Nonverbal Communication	3
PHIL 40	Introduction to Feminist Theory	3	ECED 1	Child Growth and Development	3
POLS 12	Politics in Film	3	ECED 55	Child, Family, and Community	3
SIGN 1A	Elementary American Sign Language I	5	ECED 56	Teaching in a Diverse Society	3
SIGN 1AL	Elementary American Sign Language I Lab	0.5-1	ECON 1	The American Economic System	3
SIGN 1B	Elementary American Sign Language II	5	ECON 2	Principles of Economics: Macro	3
SIGN 2A	Intermediate American Sign Language	5	ECON 4	Principles of Economics: Micro	3
SIGN 2B	Advanced American Sign Language II	5	EDUC 1	Introduction to Teaching and Education	3
SIGN 10	Structure and Culture of American Sign Language	3	& EDUC 1L	and Education Service Learning Lab	3
SIGN 20	Introduction to Deaf Culture	3	EDUC 2	Critical Thinking and Public Education	3
SPAN 1	Elementary Spanish I	5	ETNC 4	Mexican-American Art in American Culture	3
SPAN 1S	Elementary Spanish for Spanish Speakers I	5	ETNC 5	African-American Arts and Music in American Culture	3
SPAN 2	Elementary Spanish II	5	ETNC 6	Culture in American Film	3
SPAN 2S	Elementary Spanish for Spanish Speakers II	5	ETNC 10	Introduction to Ethnic Studies and Social Justice	3
SPAN 3	Intermediate Spanish I	5	ETNC 13	Introduction to Race and Ethnicity	3
SPAN 3S	Intermediate Spanish for Spanish Speakers I	5	ETNC 14	Sociology of Latinos and Latinas	3
SPAN 4	Intermediate Spanish II	5	ETNC 16	African-Americans in American Government	3
SPAN 4S	Intermediate Spanish for Spanish Speakers II	5	ETNC 18	Latinos in American Government	3
SPAN 5	Literature of the Spanish-Speaking World	3	ETNC 20	Native Peoples of North America	3
SPAN 18	Spanish Through Film	3	ETNC 22	Asian Americans and Pacific Islanders in American Society	3
SPAN 22	Spanish Composition and Conversation	3	ETNC 23	Chicano History 1848 to Present	3
SPAN 45	Hispanic and Latino/a Culture	4	ETNC 24	African Americans in United States History to 1865	3
SPAN 50A	Intermediate Spanish Conversation I	3	ETNC 25	African Americans in United States History Since 1865	3
SPAN 50B	Intermediate Spanish Conversation II	3	ETNC 30	Gender in Global Perspective	3
SPCH 4	Intercultural Communication	3	GENT 1	Prehistory and Earliest Civilizations (To 1200 B.C.)	1
SPCH 5	Oral Interpretation of Literature	3	GENT 2	Foundations of the Classical World (1200-500 B.C.)	1
THEA 1	Introduction to Theatre	3	GENT 3	The Golden Age of Greece (500-300 B.C.)	1
THEA 2	Survey of Radio and Television	3	GENT 5	The Medieval World: Part I (400-1100)	1
THEA 4	Intercultural Drama	3	GENT 6	The Medieval World: Part II (1100-1350)	1
THEA 5	Film Appreciation	3	GENT 7	The Early Renaissance (1350-1520)	1
THEA 6	Script Analysis	3	GENT 8	Late Renaissance and Reformation (1520-1600)	1
THEA 7A	Writing for the Theatre I	3	GENT 9	Foundations of the Modern World (1600-1690)	1
THEA 8A	Beginning Screenwriting	3	GENT 10	The Age of Reason (1690-1775)	1
THEA 9	History of Film: 1880s through 1950s	3	GENT 11	Reaction and Revolution (1775-1815)	1
THEA 10	History of Film: 1950s to Present	3	GENT 12	The Age of Progress (1815-1870)	1
THEA 53	Theatre Enjoyment	3	GENT 13	The End of Innocence (1870-1918)	1
WRLD 4A	The Roman Republic and Rise of Empire (500 BCE - 14 CE)	1	GENT 14	Between the Wars (1918-1945)	1
WRLD 4B	The Roman Empire (14 - 600 CE)	1	GENT 15	World War II to the Present (1945-Present)	1
WRLD 20	The Classical World (1200 BCE - 14 CE)	3	GENT 21	Medieval and Renaissance Europe (400-1520)	3

## Area D - Social Sciences

Code	Title	Units
Select three units from the following.		
ADMJ 2	Introduction to Administration of Justice	3
ANTH 2	Introduction to Biological Anthropology	3
ANTH 4	Introduction to Cultural Anthropology	3
ANTH 6	Introduction to Archaeology and Prehistory	3
ANTH 8	Primate Behavioral Ecology	3
ANTH 20	Native Peoples of North America	3
ANTH 30	Gender in Global Perspective	3

GENT 22	The Age of Revolution (1690-1870)	3
GENT 23	The Modern World (1870-Present)	3
GEOG 2	Introduction to Physical Geography	3
GEOG 4	Introduction to Human Geography	3
GEOG 5	World Regional Geography	3
GLST 1	Introduction to Global Studies	3
GLST 2	Global Issues	3
GWOS 1	Introduction to Gender and Women's Studies	3
GWOS 3	Gender and Violence	3

GWOS 4	Gender, Sexuality, and Popular Culture	3	PSYC 40	Human Sexuality	3
GWOS 5	Women of Color in the U.S.	3	PSYC 50	Health Psychology	3
GWOS 10	Gender in American Politics	3	SIGN 10	Structure and Culture of American Sign Language	3
GWOS 12	Women in United States History	3	SOCI 1	Introduction to Sociology	3
GWOS 15	Introduction to LGBTQ Global Literatures	3	SOCI 2	Contemporary Social Problems	3
GWOS 30	Gender in Global Perspective	3	SOCI 3	Introduction to Social Psychology	3
GWOS 40	Introduction to Feminist Theory	3	SOCI 11	Mass Media and Popular Culture	3
HIST 4	Western Civilization I	3	SOCI 12	Introduction to Gender and Sexuality	3
HIST 5	Western Civilization II	3	SOCI 13	Introduction to Race and Ethnicity	3
HIST 6	History of World Religions	3	SOCI 14	Sociology of Latinos and Latinas	3
HIST 7	World History to 1500	3	SOCI 15	Introduction to Research Methods	3
HIST 8	World History Since 1500	3	SOCI 16	Global and Urban Studies	3
HIST 10	Modern Latin America	3	SOCI 17	Introduction to Crime and Deviance	3
HIST 12	Women in United States History	3	SOCI 19	Introduction to Statistics for the Social Sciences	4
HIST 15	History of California	3	SOCI 22	Asian Americans and Pacific Islanders in American Society	3
HIST 17	United States History to 1877	3	SOCI 40	Sociology of Marriages and Families	3
HIST 18	United States History from 1865	3	SPCH 4	Intercultural Communication	3
HIST 20	History of Mexico	3	SPCH 10	Introduction to Communication Theory	3
HIST 23	Chicano History 1848 to Present	3	WRLD 4A	The Roman Republic and Rise of Empire (500 BCE - 14 CE)	1
HIST 24	African Americans in United States History to 1865	3	WRLD 4B	The Roman Empire (14 - 600 CE)	1
HIST 25	African Americans in United States History Since 1865	3	WRLD 20	The Classical World (1200 BCE - 14 CE)	3
HUMA 40	Introduction to Feminist Theory	3	<b>Area E - Self-Development</b>		
KINS 44	Sport in Society	3	<b>Code</b>	<b>Title</b>	<b>Units</b>
KINS 48	Psychology of Fitness and Sport Performance	3	Select three units from either E1 or E2.		
LING 15	Introduction to Linguistics	3	<b>E1 Wellness</b>		
LING 25	Introduction to Language and Gender	3	ADPE 6	Adapted Functional Training	1
LING 30	Introduction to the History of the English Language	3	ADPE 8	Introduction to Adapted Physical Education	0.5
LING 35	Introduction to Nonverbal Communication	3	ADPE 9	Adapted Personal Fitness	1.5
LING 45	Introduction to Language and Society	3	ADPE 10	Adapted Weight Training	1
LING 46	Introduction to the Psychology of Language	3	ADPE 13	Physical Education: Adapted	1.5
LING 49	Introduction to Discourse Analysis	3	ADPE 14	Adapted Aerobics	1
LING 50	Introduction to Dialects from Here and There	3	ADPE 15	Heart Healthy Exercise	1.5
PHIL 40	Introduction to Feminist Theory	3	ADPE 16	Adapted Flexibility and Movement Techniques	1
POLS 1	Introduction to American Government and Politics	3	ATHL 18	Fundamentals of Football	0.5
POLS 2	Introduction to Comparative Government and Politics	3	ATHL 21	Competitive Golf	0.5
POLS 3	Introduction to Political Theory and Thought	3	ATHL 29	Varsity Athletic Conditioning	0.5
POLS 4	Introduction to International Relations	3	BIOL 31	Introduction to Environmental Science	3
POLS 5	Politics of Developing Countries	3	BUSI 60	Financial Planning and Money Management	3
POLS 7	Introduction to Political Science Research Methods	3	COMM 35	Introduction to Nonverbal Communication	3
POLS 10	Gender in American Politics	3	DANC 10A	Modern Dance I	1
POLS 11	Politics of Migration and Citizenship	3	DANC 10B	Modern Dance II	1
POLS 12	Politics in Film	3	DANC 10C	Modern Dance III	1
PSYC 1	General Psychology	3	DANC 10D	Modern Dance IV	1
PSYC 3	Introduction to Social Psychology	3	DANC 11A	Jazz Dance I	1
PSYC 6	Psychology of Women	3	DANC 11B	Jazz Dance II	1
PSYC 19	Introduction to Statistics for the Social Sciences	4	DANC 11C	Jazz Dance III	1
PSYC 25	Lifespan Development	3	DANC 11D	Jazz Dance IV	1
PSYC 35	Introduction to Abnormal Psychology	3	DANC 12A	Ballet I	1
PSYC 38	Biological Psychology	3	DANC 12B	Ballet II	1
			DANC 12C	Ballet III	1

DANC 12D	Ballet IV	1	PFIT 18A	Aerobic Fitness I	0.5-1
DANC 14A	Ballroom Dance I	0.5-1	PFIT 18B	Aerobic Fitness II	0.5
DANC 14B	Ballroom Dance II	0.5-1	PFIT 18C	Aerobic Fitness III	0.5-1
DANC 14C	Ballroom Dance III	0.5-1	PFIT 18D	Aerobic Fitness IV	0.5-1
DANC 14D	Ballroom Dance IV	0.5-1	PFIT 19A	Body Sculpting I	1
DANC 15A	Ethnic Dance Forms I	1	PFIT 19B	Body Sculpting II	1
DANC 15B	Ethnic Dance Forms II	1	PFIT 19C	Body Sculpting III	1
DANC 15C	Ethnic Dance Forms III	1	PFIT 19D	Body Sculpting IV	1
DANC 15D	Ethnic Dance Forms IV	1	PFIT 20	Circuit Training	1
DANC 18A	Hip Hop Dance I	1	PFIT 21A	Flexibility and Relaxation Techniques I	1
DANC 18B	Hip Hop Dance II	1	PFIT 21B	Flexibility and Relaxation Techniques II	1
DANC 18C	Hip Hop Dance III	1	PFIT 21C	Flexibility and Relaxation Techniques III	1
DANC 18D	Hip Hop Dance IV	1	PFIT 22A	Fitness Through Swimming I	1
DANC 19A	Salsa Dance I	0.5	PFIT 22B	Fitness Through Swimming II	1
DANC 19B	Salsa Dance II	0.5	PFIT 22C	Fitness Through Swimming III	1
DANC 19C	Salsa Dance III	0.5	PFIT 22D	Fitness Through Swimming IV	1
DANC 19D	Salsa Dance IV	0.5	PFIT 23A	Functional Fitness I	1
DANC 21	Introduction to Repertory-Jazz	1	PFIT 23B	Functional Fitness II	1
ECED 61	Health, Safety and Nutrition for the Young Child	3	PFIT 23C	Functional Fitness III	1
HLTH 4	Healthy Living	3	PFIT 23D	Functional Fitness IV	1
HLTH 7	Women's Health	3	PFIT 30A	Triathlon Training I	1
HOSP 21	Urban Agriculture Culinary Arts	1.5	PFIT 30B	Triathlon Training II	1
HOSP 22	Farm to Table Sustainable Cooking	1.5	PFIT 30C	Triathlon Training III	1
KINS 46	Principles of Strength Training and Conditioning	3	PFIT 50	Independent Fitness and Testing Program	1
KINS 51	Fitness and Wellness Strategies	2	PHED 2A	Golf I	1
KINS 60	Fitness Exercise Physiology	1	PHED 2B	Golf II	1
KINS 63	Fitness Anatomy and Kinesiology	2	PHED 2C	Golf III	1
LING 25	Introduction to Language and Gender	3	PHED 2D	Golf IV	1
LING 35	Introduction to Nonverbal Communication	3	PHED 5A	Tennis I	1
NUTF 1	Nutrition	3	PHED 5B	Tennis II	1
NUTF 3	Nutrition Issues and Controversies	2	PHED 5D	Tennis III	1
PFIT 2	Core Fitness Training	1	PHED 5E	Tennis IV	1
PFIT 6	Cross-Training	1	PHED 6A	Soccer I	1
PFIT 7	Distance Training	1	PHED 6B	Soccer II	1
PFIT 8	Aerobic Conditioning	0.5	PHED 6C	Soccer III	1
PFIT 9	Personal Fitness	1	PHED 7A	Swimming I	1
PFIT 10A	Beginning Weight Training	0.5-1	PHED 7B	Swimming II	1
PFIT 10B	Intermediate Weight Training	0.5-1	PHED 9A	Pickleball I	1
PFIT 10C	Advanced Weight Training	0.5-1	PHED 9B	Pickleball II	1
PFIT 14	Exercise for Health and Fitness	0.5	PHED 9C	Pickleball III	1
PFIT 15A	Core Matwork I	0.5-1	PHED 9D	Pickleball IV	1
PFIT 15B	Core Matwork II	0.5-1	PHED 12B	Competitive Swimming I	1
PFIT 15C	Core Matwork III	0.5-1	PHED 12C	Competitive Swimming II	1
PFIT 15D	Core Matwork IV	0.5-1	PHED 12D	Competitive Swimming III	1
PFIT 16A	Tai Chi I	0.5-1	PHED 12E	Competitive Swimming IV	1
PFIT 16B	Tai Chi II	0.5-1	PHED 15A	Volleyball I	1
PFIT 16C	Tai Chi III	0.5-1	PHED 15B	Volleyball II	1
PFIT 16D	Tai Chi IV	0.5-1	PHED 15D	Volleyball III	1
PFIT 17A	Yoga I	0.5-1	PHED 15E	Volleyball IV	1
PFIT 17B	Yoga II	0.5-1	PHED 22A	Introduction to Basketball	1
PFIT 17C	Yoga III	0.5-1	PHED 22B	Intermediate Basketball	1
PFIT 17D	Yoga IV	0.5-1	PHED 22C	Intermediate/Advanced Basketball	1

PHED 22D	Advanced Basketball	1
PHED 23A	Martial Arts/Self-Defense I	1
PHED 23B	Martial Arts/Self-Defense II	1
PHED 23C	Martial Arts/Self-Defense III	1
PHED 23D	Martial Arts/Self-Defense IV	1
PHED 24A	Beach Volleyball I	1
PHED 24B	Beach Volleyball II	1
PSYC 25	Lifespan Development	3
PSYC 50	Health Psychology	3
<b>E2 Career Exploration</b>		
ADMJ 2	Introduction to Administration of Justice	3
ADMJ 57	Introduction to Corrections	3
ADMJ 68	Introduction to Forensics	3
AUTO 100	Introduction to Automotive Technology	4
BUSI 20	Introduction to Business	3
BUSI 44	Introduction to Business Ownership/Management	3
BUSI 49	Professional Selling	3
BUSI 68	Entrepreneurial Start-up Ventures	3
BUSI 120A	Basic Accounting	4
COOP 91.1	Administration of Justice Work Experience	1-4
COOP 91.2	Art Work Experience	1-4
COOP 91.4	Automotive Technology Work Experience	1-4
COOP 91.6	Biology Work Experience	1-4
COOP 91.7	Business Work Experience	0.5-4
COOP 91.8	Early Childhood Education Work Experience	0.5-4
COOP 91.9	Communications Work Experience	1-4
COOP 91.10	Computer Science and Information Systems Work Experience	1-4
COOP 91.15	Engineering Work Experience	1-4
COOP 91.17	Fashion Work Experience	1-4
COOP 91.18	Fire Protection Technology Work Experience	1-4
COOP 91.19	World Languages Work Experience	1-4
COOP 91.20	Health Work Experience	1-4
COOP 91.21	Hospitality Work Experience	1-4
COOP 91.25	Marine Science and Technology Work Experience	1-4
COOP 91.30	Horticulture Work Experience	1-4
COOP 91.31	Physical Fitness Work Experience	1-4
COOP 91.34	Political Science Work Experience	1-4
COOP 91.35	Psychology Work Experience	1-4
COOP 91.37	Social Science Work Experience	1-4
COOP 91.38	Gender and Women's Studies Work Experience	1-4
COOP 91.39	Human Services Work Experience	1-4
COOP 91.50	Education Work Experience	0.5-4
COOP 92	General Cooperative Work Experience	0.5-4
COUN 10	College Success	1
COUN 50	Making College Count	3
COUN 51	Career and Life Planning	3
COUN 59	Study Skills for Success	1
COUN 71	Career Assessment and Exploration	1
CSIS 81	ITIL Essentials	1
DNTL 100	Orientation to Dental Careers	2

EDUC 1	Introduction to Teaching and Education	3
& EDUC 1L	and Education Service Learning Lab	
EMMS 1	Emergency Medical Responder	3
EMMS 170A	Emergency Medical Technician 1: Basic Training	7
EMMS 170B	Emergency Medical Technician 1: Basic Training Application	2
ENGL 56A	Magazine Editing and Publishing I	3
ENGL 56B	Magazine Editing and Publishing II	3
ENGR 1A	Introduction to Engineering	3
FASH 10	Introduction to Fashion	3
FPTC 1	Principles of Emergency Services	3
HORT 51	Introduction to Horticulture I	3
HOSP 23	Culinary Foundations I	3
HOSP 27	Cottage Food Business	1
HOSP 40	Wine Fundamentals	1.5
HOSP 51	Introduction to the Hospitality Industry	3
HOSP 53	Introduction to Food and Beverage Management	3
HUMS 50	Introduction to Human Services and Social Work	3
KINS 40	Introduction to Kinesiology	3
KINS 41	Prevention and Care of Athletic Injuries	3
KINS 43	Theory of Coaching	3
KINS 45	Introduction to Careers in Sports Medicine and Allied Health	3
KINS 50	Orientation for Athletes	2
MEDA 100	Introduction to Health Careers	1
NUTF 2	Introduction to Careers in Nutrition, Dietetics, and Food	1
NUTF 25	Basic Medical Nutrition Therapy and Modified Diets	3
PSYC 2	Exploring Careers in Psychology	1
REAL 50	Principles of Real Estate	3
SPAN 31	Intro to Translation and Interpretation: Spanish/English	4
THEA 21A	Theatre Workshop I	3

**Note:** Submission of DD 214 clears this area requirement for MPC GE credit.

## Area F - Intercultural Studies

Code	Title	Units
Select three units from the following.		
(Only MPC Nursing students are exempt from fulfilling this GE area.)		
ANTH 4	Introduction to Cultural Anthropology	3
ANTH 20	Native Peoples of North America	3
ANTH 30	Gender in Global Perspective	3
BUSI 38	Managing Diversity and Inclusion	3
ECED 56	Teaching in a Diverse Society	3
ENGL 40A	Survey of American Literature I	3
ENGL 40B	Survey of American Literature II	3
ETNC 4	Mexican-American Art in American Culture	3
ETNC 5	African-American Arts and Music in American Culture	3
ETNC 6	Culture in American Film	3
ETNC 10	Introduction to Ethnic Studies and Social Justice	3

ETNC 13	Introduction to Race and Ethnicity	3
ETNC 14	Sociology of Latinos and Latinas	3
ETNC 16	African-Americans in American Government	3
ETNC 18	Latinos in American Government	3
ETNC 20	Native Peoples of North America	3
ETNC 22	Asian Americans and Pacific Islanders in American Society	3
ETNC 23	Chicano History 1848 to Present	3
ETNC 24	African Americans in United States History to 1865	3
ETNC 25	African Americans in United States History Since 1865	3
ETNC 30	Gender in Global Perspective	3
GWOS 1	Introduction to Gender and Women's Studies	3
GWOS 3	Gender and Violence	3
GWOS 4	Gender, Sexuality, and Popular Culture	3
GWOS 5	Women of Color in the U.S.	3
GWOS 12	Women in United States History	3
GWOS 15	Introduction to LGBTQ Global Literatures	3
GWOS 30	Gender in Global Perspective	3
GWOS 40	Introduction to Feminist Theory	3
HIST 6	History of World Religions	3
HIST 10	Modern Latin America	3
HIST 12	Women in United States History	3
HIST 15	History of California	3
HIST 23	Chicano History 1848 to Present	3
HIST 24	African Americans in United States History to 1865	3
HIST 25	African Americans in United States History Since 1865	3
HUMA 30	Humanities in Multicultural America	3
HUMA 40	Introduction to Feminist Theory	3
LING 25	Introduction to Language and Gender	3
LING 45	Introduction to Language and Society	3
LING 50	Introduction to Dialects from Here and There	3
PHIL 8	Introduction to World Religions	3
PHIL 40	Introduction to Feminist Theory	3
SOCI 13	Introduction to Race and Ethnicity	3
SOCI 14	Sociology of Latinos and Latinas	3
SOCI 22	Asian Americans and Pacific Islanders in American Society	3
SPAN 1S	Elementary Spanish for Spanish Speakers I	5
SPAN 2S	Elementary Spanish for Spanish Speakers II	5
SPAN 3S	Intermediate Spanish for Spanish Speakers I	5
SPAN 4S	Intermediate Spanish for Spanish Speakers II	5
SPAN 5	Literature of the Spanish-Speaking World	3
SPAN 18	Spanish Through Film	3
SPAN 22	Spanish Composition and Conversation	3
SPCH 4	Intercultural Communication	3
THEA 4	Intercultural Drama	3

## AA/AS Graduation Requirements

- **Reading and Writing Competency:**
  - ENGL 1A - College Composition (3 units) or ENGL 1AE - College Composition: Enhanced (5 units)

- **Math Competency:**
  - MATH 263 - Intermediate Algebra and Coordinate Geometry (5 units) or higher; or high school Algebra II, or Common Core Integrated Math 3, or higher
- **Information Competency:**
  - LIBR 50 - Introduction to Library and Research Skills (1 units) or equivalent

## MPC General Education Learning Outcomes

### AREA A1: English Composition

Upon successful completion of this area, students will have demonstrated an ability to form a provable thesis, develop it through factual research, distinguish between fact and opinion, and make effective rhetorical choices in relation to audience and purpose.

### AREA A2: Communication and Analytical Thinking

Upon successful completion of this area, students will have demonstrated an ability to analyze and evaluate complex issues or problems, draw reasoned conclusions and/or generate solutions, and effectively communicate the results.

### AREA B: Natural Sciences

Upon successful completion of this area, students will have demonstrated an ability to use the scientific method to investigate phenomena in the natural world and to use laboratory experiments and concepts or theories to explain them.

### AREA C: Humanities

Upon successful completion of this area, students will have demonstrated an ability to analyze and interpret human thought, achievement, and expression relevant to such branches of knowledge as philosophy, literature, and/or the fine and performing arts, and to communicate the results.

### AREA D: Social Sciences

Upon successful completion of this area, students will have demonstrated an ability to critically examine and comprehend human nature and behavior, social traditions, and institutions.

### AREA E1: Self-Development – Wellness

Upon successful completion of this area, students will have demonstrated an ability to analyze how physical, social, emotional, and/or intellectual factors contribute to wellness and healthful living.

### AREA E2: Self-Development – Career Exploration

Upon successful completion of this area, students will have demonstrated an ability to accurately assess knowledge, skills, and abilities in relation to their career goals.

### AREA F: Intercultural Studies

Upon successful completion of this area, students will have demonstrated an ability to examine interactions and interconnections across cultures.