GENERAL EDUCATION REQUIREMENTS

CSU General Education-Breadth (CSU GE-B) 2023-2024

The CSU GE-Breadth pattern allows California community college transfer students to fulfill lower-division general education requirements for any CSU campus prior to transfer. This pattern is recommended for students who know they want to transfer to a CSU.

The CSU GE-Breadth is designed to educate students to:

- think, write, and speak clearly and logically; reason quantitatively;
- gain knowledge about the human body and mind, the development and functioning of human society, the physical and biological world, and human cultures and civilizations;
- and develop an understanding of the principles, methods, and values of human inquiry.

Completion of this pattern satisfies the 39 units of lower-division general education breadth requirements for transfer to any CSU campus as well as the general education requirements for the Associate Degree for Transfer (AA-T, AS-T) and for the associate degree (AA, AS). Courses listed in more than one area may be used to satisfy only one area. The "Golden Four" (Areas A1, A2, A3, B4) must be completed with grades of C- or better. Consult with a counselor regarding your education plan.

Area A - English Language Communication and Critical Thinking

Code	Title	Units
Select one course from each area A1, A2, and A3. (**9 units**)		
A1 Oral Communication		
SPCH 1	Public Speaking	3
SPCH 2	Small Group Communication	3
SPCH 3	Interpersonal Communication	3
A2 Written Communication		
ENGL 1A	College Composition	3
or ENGL 1AE	College Composition: Enhanced	
A3 Critical Thinking		
ENGL 2	Argumentative Writing and Critical Thinking	3
PHIL 6	Introduction to Logic	3
PHIL 10	Introduction to Critical Thinking	3

Area B - Scientific Inquiry and Quantitative Reasoning

Code	Title	Units
Select one course from each area B1, B2, and B4. At least one course from B1 or B2 must include a laboratory listed in B3. (**9 units**)		
B1 Physical Science		
ASTR 10	Introduction to Astronomy [1]	3
BIOL 31	Introduction to Environmental Science	3
CHEM 1A	General Chemistry I [1]	5
CHEM 1B	General Chemistry II [1]	5
CHEM 2	Fundamental Chemistry [1]	4
CHEM 10	Everyday Chemistry [1]	4
CHEM 12A	Organic Chemistry I [1]	5
CHEM 12B	Organic Chemistry II [1]	5
CHEM 30A	Introductory Chemistry for Health Sciences [1]	4
CHEM 30B	Organic and Biological Chemistry for Health Sciences [1]	4
ENGR 9	The Science of Robotics [1]	4
GEOL 2	Physical Geology [1]	3
GEOL 3	Historical Geology [1]	3
GEOL 9	Earth Catastrophes and Disasters	3
GEOL 12	Earth Ocean Climate: Introduction to Earth Science [1]	3
OCEN 2	Introductory Oceanography [1]	3
PHYS 2A	General Physics I [1]	4
PHYS 2B	General Physics II [1]	4
PHYS 3A	Science and Engineering Physics I [1]	4
PHYS 3B	Science and Engineering Physics II [1]	4
PHYS 3C	Science and Engineering Physics III [1]	4
PHYS 10	Introduction to Physics [1]	4
PHYS 12	Integrated Physics and Chemistry [1]	4
B2 Life Science		
ANAT 1	Human Anatomy with Cadaver Lab [1]	2
ANAT 5	Human Biology [1]	4
ANTH 2	Introduction to Biological Anthropology	3
BIOL 10	Principles of Biology [1]	4
BIOL 13	Marine Biology [1]	4
BIOL 21	Concepts in Biology I: Cells, Genetics and Organisms [1]	5
BIOL 22	Concepts in Biology II: Diversity, Ecology, and Evolution [1]	5
BIOL 25	Applied Microbiology Lecture	3
BIOL 30	Introduction to Genetics	3
BIOL 31	Introduction to Environmental Science	3
PHSO 1	Human Physiology	3
PSYC 38	Biological Psychology	3
B3 Laboratory Activity		
ANAT 1	Human Anatomy with Cadaver Lab	4
ANAT 5	Human Biology	4
ANTH 2L	Biological Anthropology Laboratory	1
ASTR 10L	Introduction to Astronomy Laboratory	1
BIOL 10	Principles of Biology	4
BIOL 13	Marine Biology	4
BIOL 21	Concepts in Biology I: Cells, Genetics and Organisms	5
BIOL 22	Concepts in Biology II: Diversity, Ecology, and Evolution	5
BIOL 26	Applied Microbiology Laboratory	1
BIOL 32	Environmental Science Laboratory	1
CHEM 1A	General Chemistry I	5
CHEM 1B	General Chemistry II	5
CHEM 2	Fundamental Chemistry	4
CHEM 10	Everyday Chemistry	4
CHEM 12A	Organic Chemistry I	5
CHEM 12B	Organic Chemistry II	5

CHEM 30A	Introductory Chemistry for Health Sciences	4
CHEM 30B	Organic and Biological Chemistry for Health Sciences	4
ENGR 9	The Science of Robotics	4
GEOL 2L	Physical Geology Laboratory	1
GEOL 3L	Historical Geology Lab	1
GEOL 12L	Earth Ocean Climate: Introduction to Earth Science Lab	1
OCEN 2L	Introductory Oceanography Lab	1
PHSO 2	Human Physiology Lab	2
PHYS 2A	General Physics I	4
PHYS 2B	General Physics II	4
PHYS 3A	Science and Engineering Physics I	4
PHYS 3B	Science and Engineering Physics II	4
PHYS 3C	Science and Engineering Physics III	4
PHYS 10	Introduction to Physics	4
PHYS 12	Integrated Physics and Chemistry	4
B4 Mathematics/Quantitative Reasoning		
MATH 10	Mathematics for General Education	4
MATH 12	Number Systems	4
MATH 13	Pre-Calculus	5
MATH 13A	College Algebra for STEM	4
MATH 13B	Trigonometry	3
MATH 16	Elementary Statistics	4
MATH 17	Finite Math	4
MATH 18	Calculus and Analytic Geometry for Biology/Social Science/Bu	4
MATH 20A	Calculus with Analytic Geometry I	4
MATH 20B	Calculus with Analytic Geometry II	4
MATH 20C	Calculus of Several Variables	4
MATH 31	Linear Algebra	4
MATH 32	Differential Equations	4
MATH 40	Discrete Mathematics	3
PSYC 19	Introduction to Statistics for the Social Sciences	4
SOCI 19	Introduction to Statistics for the Social Sciences	4

[1]

Course has a laboratory component in B3.

Area C - Arts and Humanities

Code	Title	Units
Select a minimum of nine units from the following, with at least three units from C1 and at least three units from C2. (**9 units**)		
C1 Arts		
ARTB 10	Survey of the Arts	3
ARTH 1	Understanding Art	3
ARTH 3	Western Art I	3
ARTH 4	Western Art II	3
ARTH 8	Survey of Asian Art	3
ARTH 12	Greek and Roman Art and Architecture	3
ARTH 14	Renaissance Art and Architecture	3
ARTP 10	Introduction to Photography	3
ARTP 11A	Photography I: Black and White	3
ARTP 14	History of Photography	3
ARTV 1	Introduction to Film/Video	3
DANC 5	Dance Appreciation	3
DANC 6	World Cultural Dance	3
ETNC 4	Mexican-American and Chicano Art	3
ETNC 5	African-American Arts and Music	3
GWOS 4	Gender, Sexuality, and Popular Culture	3
HUMA 4	Images of Women in the Arts	3
MUSI 1	Music Appreciation	3
MUSI 2	Introduction to Broadway Musicals	3
MUSI 3	Introduction to Jazz and Pop	3
MUSI 5	Introduction to World Music	3
MUSI 10A	Music Theory and Musicianship I	4
MUSI 10B	Music Theory and Musicianship II	4
SPCH 5	Oral Interpretation of Literature	3
THEA 1	Introduction to Theatre	3
THEA 4	Intercultural Drama	3
THEA 5	Film Appreciation	3
THEA 6	Script Analysis	3
THEA 9	History of Film: 1880s through 1950s	3
THEA 10	History of Film: 1950s to Present	3
THEA 53	Theatre Enjoyment	3
C2 Humanities		
ENGL 1B	Introduction to Literature	3
ENGL 5	Introduction to Great Books	3
ENGL 11	Literature by and About Women	3
ENGL 17	Introduction to Shakespeare	3
ENGL 22	Introduction to Poetry	3
ENGL 40A	Survey of American Literature I	3
ENGL 40B	Survey of American Literature II	3
ENGL 43	Comics As Literature	3
ENGL 44	Survey of World Literature I	3
ENGL 45	Survey of World Literature II	3
ENGL 46	Survey of British Literature I	3
ENGL 47	Survey of British Literature II	3
ENGL 48	Latin American Literature	3
ENGL 49	The Great Novel	3
ENGL 52	Creative Nonfiction Writing	3
ENGL 53	Poetry Writing	3
ETNC 4	Mexican-American and Chicano Art	3
ETNC 5	African-American Arts and Music	3
ETNC 6	Ethnic Images in Film	3
ETNC 23	Chicano History 1848 to Present	3
ETNC 24	African Americans in U.S. History to 1877 [1]	3
ETNC 25	African Americans in U.S. History 1865 to Present [1]	3
FREN 1A	Elementary French I	5
FREN 1B	Elementary French II	5
FREN 2A	Intermediate French	5
FREN 2B	Advanced French	5
GENT 1	Prehistory and Earliest Civilizations (To 1200 B.C.)	1
GENT 2	Foundations of the Classical World (1200-500 B.C.)	1
GENT 3	The Golden Age of Greece (500-300 B.C.)	1

GENT 5	The Medieval World: Part I (400-1100)	1
GENT 6	The Medieval World: Part II (1100-1350)	1
GENT 7	The Early Renaissance (1350-1520)	1
GENT 8	Late Renaissance and Reformation (1520-1600)	1
GENT 9	Foundations of the Modern World (1600-1690)	1
GENT 10	The Age of Reason (1690-1775)	1
GENT 11	Reaction and Revolution (1775-1815)	1
GENT 12	The Age of Progress (1815-1870)	1
GENT 13	The End of Innocence (1870-1918)	1
GENT 14	Between the Wars (1918-1945)	1
GENT 15	World War II to the Present (1945-Present)	1
GENT 21	Medieval and Renaissance Europe (400-1520)	3
GENT 22	The Age of Revolution (1690-1870)	3
GENT 23	The Modern World (1870-Present)	3
GWOS 4	Gender, Sexuality, and Popular Culture	3
GWOS 5	Women of Color in the U.S.	3
GWOS 8	Introduction to LGBTQ+ Studies	3
GWOS 11	Literature by and About Women	3
GWOS 12	Women in United States History [1]	3
GWOS 15	Introduction to LGBTQ Global Literatures	3
GWOS 40	Introduction to Feminist Theory	3
HIST 4	Western Civilization I	3
HIST 5	Western Civilization II	3
HIST 6	History of World Religions	3
HIST 7	World History to 1500	3
HIST 8	World History Since 1500	3
HIST 10	Modern Latin America	3
HIST 12	Women in United States History [1]	3
HIST 15	History of California	3
HIST 17	United States History to 1877 [1]	3
HIST 18	United States History from 1865 [1]	3
HIST 20	History of Mexico	3
HIST 23	Chicano History 1848 to Present	3
HIST 24	African Americans in U.S. History to 1877 [1]	3
HIST 25	African Americans in U.S. History 1865 to Present [1]	3
HUMA 4	Images of Women in the Arts	3
HUMA 10	Exploration of Values in Living	3
HUMA 30	Humanities in Multicultural America	3
HUMA 40	Introduction to Feminist Theory	3
JPNS 1A	Elementary Japanese I	5
JPNS 1B	Elementary Japanese II	5
JPNS 2A	Intermediate Japanese	5
LING 10	Foundations of Language	3
LING 15	Introduction to Linguistics	3
LING 25	Introduction to Language and Gender	3
LING 30	Introduction to the History of the English Language	3
PHIL 2	Introduction to Philosophy	3
PHIL 4	Introduction to Ethics	3
PHIL 8	Introduction to World Religions	3
PHIL 13	Introduction to Eastern Philosophy	3
PHIL 40	Introduction to Feminist Theory	3
POLS 12	Politics in Film	3
SIGN 1A	Elementary American Sign Language I	5
SIGN 1B	Elementary American Sign Language II	5
SIGN 2A	Intermediate American Sign Language	5
SIGN 2B	Advanced American Sign Language II	5
SIGN 20	Introduction to Deaf Culture	3
SPAN 1	Elementary Spanish I	5
SPAN 1S	Elementary Spanish for Spanish Speakers I	5
SPAN 2	Elementary Spanish II	5
SPAN 2S	Elementary Spanish for Spanish Speakers II	5
SPAN 3	Intermediate Spanish I	5
SPAN 3S	Intermediate Spanish for Spanish Speakers I	5
SPAN 4	Intermediate Spanish II	5
SPAN 4S	Intermediate Spanish for Spanish Speakers II	5
SPAN 5	Literature of the Spanish-Speaking World	3
SPAN 18	Spanish Through Film	3
SPAN 22	Spanish Composition and Conversation	3
SPAN 45	Hispanic and Latino/a Culture	4
SPAN 50A	Intermediate Spanish Conversation I	3
SPAN 50B	Intermediate Spanish Conversation II	3
SPAN 50C	Intermediate Spanish Conversation III	3
SPAN 50D	Intermediate Spanish Conversation IV	3
SPCH 5	Oral Interpretation of Literature	3
THEA 4	Intercultural Drama	3
THEA 6	Script Analysis	3
THEA 9	History of Film: 1880s through 1950s	3
THEA 10	History of Film: 1950s to Present	3
WRLD 4A	The Roman Republic and Rise of Empire (500 BCE - 14 CE)	1
WRLD 4B	The Roman Empire (14 - 600 CE)	1
WRLD 20	The Classical World (1200 BCE - 14 CE)	3

1

Course also partly satisfies the CSU Graduation Requirement in U.S. History, Constitution, and American Ideals.

Area D - Social Sciences

Code	Title	Units
Select six units from the following (two different disciplines are recommended but not required). (**6 units**)		
ADMJ 2	Introduction to Administration of Justice	3
ANTH 2	Introduction to Biological Anthropology	3
ANTH 4	Introduction to Cultural Anthropology	3
ANTH 6	Introduction to Archaeology and Prehistory	3
ANTH 8	Primate Behavioral Ecology	3
ANTH 20	Native American and Indigenous Peoples of the United States	3
ANTH 30	Gender in Global Perspective	3
COMM 35	Introduction to Nonverbal Communication	3
ECED 1	Child Growth and Development	3
ECED 55	Child, Family, and Community	3
ECED 56	Teaching in a Diverse Society	3
ECON 1	The American Economic System	3

ECON 2	Principles of Economics: Macro	3
ECON 4	Principles of Economics: Micro	3
ETNC 6	Ethnic Images in Film	3
ETNC 10	Introduction to Ethnic Studies	3
ETNC 13	Introduction to Race and Ethnicity	3
ETNC 14	Sociology of Latinos and Latinas	3
ETNC 16	African-Americans in American Politics [1]	3
ETNC 18	Latinos in American Politics [1]	3
ETNC 20	Native American and Indigenous Peoples of the United States	3
ETNC 22	Asian Pacific Americans in American Society	3
ETNC 23	Chicano History 1848 to Present	3
ETNC 24	African Americans in U.S. History to 1877 [1]	3
ETNC 25	African Americans in U.S. History 1865 to Present [1]	3
GENT 1	Prehistory and Earliest Civilizations (To 1200 B.C.)	1
GENT 2	Foundations of the Classical World (1200-500 B.C.)	1
GENT 3	The Golden Age of Greece (500-300 B.C.)	1
GENT 5	The Medieval World: Part I (400-1100)	1
GENT 6	The Medieval World: Part II (1100-1350)	1
GENT 7	The Early Renaissance (1350-1520)	1
GENT 8	Late Renaissance and Reformation (1520-1600)	1
GENT 9	Foundations of the Modern World (1600-1690)	1
GENT 10	The Age of Reason (1690-1775)	1
GENT 11	Reaction and Revolution (1775-1815)	1
GENT 12	The Age of Progress (1815-1870)	1
GENT 13	The End of Innocence (1870-1918)	1
GENT 14	Between the Wars (1918-1945)	1
GENT 15	World War II to the Present (1945-Present)	1
GENT 21	Medieval and Renaissance Europe (400-1520)	3
GENT 22	The Age of Revolution (1690-1870)	3
GENT 23	The Modern World (1870-Present)	3
GEOG 2	Introduction to Physical Geography	3
GEOG 4	Introduction to Human Geography	3
GEOG 5	World Regional Geography	3
GLST 1	Introduction to Global Studies	3
GLST 2	Global Issues	3
GWOS 1	Introduction to Gender and Women's Studies	3
GWOS 3	Gender and Violence	3
GWOS 4	Gender, Sexuality, and Popular Culture	3
GWOS 5	Women of Color in the U.S.	3
GWOS 8	Introduction to LGBTQ+ Studies	3
GWOS 9	Sports and Social Justice	3
GWOS 10	Gender in American Politics [1]	3
GWOS 12	Women in United States History [1]	3
GWOS 30	Gender in Global Perspective	3
GWOS 40	Introduction to Feminist Theory	3
HIST 4	Western Civilization I	3
HIST 5	Western Civilization II	3
HIST 7	World History to 1500	3
HIST 8	World History Since 1500	3
HIST 10	Modern Latin America	3
HIST 12	Women in United States History [1]	3
HIST 15	History of California	3
HIST 17	United States History to 1877 [1]	3
HIST 18	United States History from 1865 [1]	3
HIST 20	History of Mexico	3
HIST 23	Chicano History 1848 to Present	3
HIST 24	African Americans in U.S. History to 1877 [1]	3
HIST 25	African Americans in U.S. History 1865 to Present [1]	3
HUMA 40	Introduction to Feminist Theory	3
HUMS 50	Introduction to Human Services and Social Work	3
KINS 44	Sport in Society	3
KINS 48	Psychology of Fitness and Sport Performance	3
LING 15	Introduction to Linguistics	3
LING 18	Introduction to Linguistic Anthropology	3
LING 25	Introduction to Language and Gender	3
LING 30	Introduction to the History of the English Language	3
LING 35	Introduction to Nonverbal Communication	3
LING 45	Introduction to Language and Society	3
LING 46	Introduction to the Psychology of Language	3
LING 50	Introduction to Dialects from Here and There	3
PHIL 40	Introduction to Feminist Theory	3
POLS 1	Introduction to American Government and Politics [1]	3
POLS 2	Introduction to Comparative Government and Politics	3
POLS 3	Introduction to Political Theory and Thought	3
POLS 4	Introduction to International Relations	3
POLS 5	Politics of Developing Countries	3
POLS 10	Gender in American Politics [1]	3
POLS 11	Politics of Migration and Citizenship	3
POLS 14	Introduction to the Politics of Identity	3
PSYC 1	General Psychology	3
PSYC 3	Introduction to Social Psychology	3
PSYC 6	Psychology of Women	3
PSYC 25	Lifespan Development	3
PSYC 35	Introduction to Abnormal Psychology	3
PSYC 38	Biological Psychology	3
PSYC 40	Human Sexuality	3
PSYC 50	Health Psychology	3
SIGN 20	Introduction to Deaf Culture	3
SOCI 1	Introduction to Sociology	3
SOCI 2	Contemporary Social Problems	3
SOCI 3	Introduction to Social Psychology	3
SOCI 11	Mass Media and Popular Culture	3
SOCI 12	Introduction to Gender and Sexuality	3
SOCI 13	Introduction to Race and Ethnicity	3
SOCI 14	Sociology of Latinos and Latinas	3
SOCI 17	Introduction to Crime and Deviance	3
SOCI 22	Asian Pacific Americans in American Society	3
SOCI 40	Sociology of Marriages and Families	3
SPCH 4	Intercultural Communication	3

SPCH 10	Introduction to Communication Theory	3
WRLD 4A	The Roman Republic and Rise of Empire (500 BCE - 14 CE)	1
WRLD 4B	The Roman Empire (14 - 600 CE)	1
WRLD 20	The Classical World (1200 BCE - 14 CE)	3

1

Course also partly satisfies the CSU Graduation Requirement in U.S. History, Constitution, and American Ideals.

Area E - Lifelong Learning and Self-Development

Code	Title	Units
Select three units from the following.		
BUSI 22	Effective Leadership in Business	3
COUN 50	Making College Count	3
COUN 51	Career and Life Planning	3
ECED 1	Child Growth and Development	3
HLTH 4	Healthy Living	3
HLTH 7	Women's Health	3
KINS 51	Fitness and Wellness Strategies	2
KINS 60	Fitness Exercise Physiology	1
NUTF 1	Nutrition	3
PHIL 4	Introduction to Ethics	3
PSYC 1	General Psychology	3
PSYC 6	Psychology of Women	3
PSYC 25	Lifespan Development	3
PSYC 38	Biological Psychology	3
PSYC 40	Human Sexuality	3
PSYC 50	Health Psychology	3
SOCI 1	Introduction to Sociology	3
SOCI 40	Sociology of Marriages and Families	3
Any of the following physical activity courses (maximum of 2 units may be applied toward Area E certification):		
ADPE 6	Adapted Functional Training	1
ADPE 8	Introduction to Adapted Physical Education	0.5
ADPE 9	Adapted Personal Fitness	1.5
ADPE 10	Adapted Weight Training	1
ADPE 13	Physical Education: Adapted	1.5
ADPE 14	Adapted Aerobics	1
ADPE 15	Heart Healthy Exercise	1.5
ADPE 16	Adapted Flexibility and Movement Techniques	1
ATHL 21	Competitive Golf	0.5
DANC 10A	Modern Dance I	1
DANC 10B	Modern Dance II	1
DANC 10C	Modern Dance III	1
DANC 10D	Modern Dance IV	1
DANC 11A	Jazz Dance I	1
DANC 11B	Jazz Dance II	1
DANC 11C	Jazz Dance III	1
DANC 11D	Jazz Dance IV	1
DANC 12A	Ballet I	1
DANC 12B	Ballet II	1
DANC 12C	Ballet III	1
DANC 12D	Ballet IV	1
DANC 14A	Ballroom Dance I	0.5-1
DANC 14B	Ballroom Dance II	0.5-1
DANC 14C	Ballroom Dance III	0.5-1
DANC 14D	Ballroom Dance IV	0.5-1
DANC 15A	Ethnic Dance Forms I	1
DANC 15B	Ethnic Dance Forms II	1
DANC 15C	Ethnic Dance Forms III	1
DANC 15D	Ethnic Dance Forms IV	1
DANC 18A		1
DANC 18B	Hip Hop Dance II	1
DANC 18C	Hip Hop Dance III	1
DANC 18D	Hip Hop Dance IV	1
DANC 19A	Salsa Dance I	0.5
DANC 19B	Salsa Dance II	0.5
DANC 19C	Salsa Dance III	0.5
DANC 19D	Salsa Dance IV	0.5
DANC 21	Introduction to Repertory-Jazz	1
PFIT 2	Core Fitness Training	1
PFIT 6	Cross-Training	1
PFIT 7	Distance Training	1
PFIT 8	Aerobic Conditioning	0.5
PFIT 9	Personal Fitness	1
PFIT 10A	Beginning Weight Training	0.5-1
PFIT 10B	Intermediate Weight Training	0.5-1
PFIT 10C	Advanced Weight Training	0.5-1
PFIT 14	Exercise for Health and Fitness	0.5
PFIT 15A	Core Matwork I	0.5-1
PFIT 15B	Core Matwork II	0.5-1
PFIT 15C	Core Matwork III	0.5-1
PFIT 15D	Core Matwork IV	0.5-1
PFIT 16A	Tai Chi I	0.5-1
PFIT 16B	Tai Chi II	0.5-1
PFIT 16C	Tai Chi III	0.5-1
PFIT 16D	Tai Chi IV	0.5-1
PFIT 17A	Yoga I	0.5-1
PFIT 17B	Yoga II	0.5-1
PFIT 17C	Yoga III	0.5-1
PFIT 17D	Yoga IV	0.5-1
PFIT 18A	Aerobic Fitness I	0.5-1
PFIT 18B	Aerobic Fitness II	0.5
PFIT 18C	Aerobic Fitness III	0.5-1
PFIT 18D	Aerobic Fitness IV	0.5-1
PFIT 19A	Body Sculpting I	1
PFIT 19B	Body Sculpting II	1
PFIT 19C	Body Sculpting III	1
PFIT 19D	Body Sculpting IV	1
PFIT 20	Circuit Training	1
PFIT 21A	Flexibility and Relaxation Techniques I	1
PFIT 21B	Flexibility and Relaxation Techniques II	1
PFIT 21C	Flexibility and Relaxation Techniques III	1
PFIT 22A	Fitness Through Swimming I	1
PFIT 22B	Fitness Through Swimming II	1

PFIT 22C	Fitness Through Swimming III	1
PFIT 22D	Fitness Through Swimming IV	1
PFIT 23A	Functional Fitness I	1
PFIT 23B	Functional Fitness II	1
PFIT 23C	Functional Fitness III	1
PFIT 23D	Functional Fitness IV	1
PFIT 30A	Triathlon Training I	1
PFIT 30B	Triathlon Training II	1
PFIT 30C	Triathlon Training III	1
PFIT 50	Independent Fitness and Testing Program	1
PHED 2A	Golf I	1
PHED 2B	Golf II	1
PHED 2C	Golf III	1
PHED 2D	Golf IV	1
PHED 5A	Tennis I	1
PHED 5B	Tennis II	1
PHED 5D	Tennis III	1
PHED 5E	Tennis IV	1
PHED 6A	Soccer I	1
PHED 6B	Soccer II	1
PHED 6C	Soccer III	1
PHED 7A	Swimming I	1
PHED 7B	Swimming II	1
PHED 9A	Pickleball I	1
PHED 9B	Pickleball II	1
PHED 9C	Pickleball III	1
PHED 9D	Pickleball IV	1
PHED 12B	Competitive Swimming I	1
PHED 12C	Competitive Swimming II	1
PHED 12D	Competitive Swimming III	1
PHED 12E	Competitive Swimming IV	1
PHED 15A	Volleyball I	1
PHED 15B	Volleyball II	1
PHED 15D	Volleyball III	1
PHED 15E	Volleyball IV	1
PHED 22A	Introduction to Basketball	1
PHED 22B	Intermediate Basketball	1
PHED 22C	Intermediate/Advanced Basketball	1
PHED 22D	Advanced Basketball	1
PHED 23A	Martial Arts/Self-Defense I	1
PHED 23B	Martial Arts/Self-Defense II	1
PHED 23C	Martial Arts/Self-Defense III	1
PHED 23D	Martial Arts/Self-Defense IV	1
PHED 24A	Beach Volleyball I	1
PHED 24B	Beach Volleyball II	1

Note: Submission of DD 214 clears this area requirement for CSU GE credit.

Area F - Ethnic Studies

Required for new students who started in Fall 2021. Students who maintained continuous enrollment with catalog rights prior to Fall 2021 may opt to complete the version of CSU GE pattern without Area F and with the Area D requirement of 9 units in at least two different disciplines.

Code	Title	Units
Select three units from the following.		
ETNC 22	Asian Pacific Americans in American Society	3
SOCI 22	Asian Pacific Americans in American Society	3

CSU Graduation Requirement: U.S. History, Constitution, and American Ideals

Completion of the following areas (US-1, US-2, US-3) prior to transfer is strongly recommended. The courses below may also be used to satisfy up to six units in Area C2 or D.

Code	Title	Units
US-1: Historical Development of American Institutions & Ideals		
ETNC 24	African Americans in U.S. History to 1877 [1]	3
ETNC 25	African Americans in U.S. History 1865 to Present [1]	3
GWOS 12	Women in United States History	3
HIST 12	Women in United States History	3
HIST 17	United States History to 1877	3
HIST 18	United States History from 1865	3
HIST 24	African Americans in U.S. History to 1877 [1]	3
HIST 25	African Americans in U.S. History 1865 to Present [1]	3
US-2: U.S. Constitution & Government		
ETNC 16	African-Americans in American Politics [1]	3
ETNC 18	Latinos in American Politics [1]	3
ETNC 24	African Americans in U.S. History to 1877 [1]	3
ETNC 25	African Americans in U.S. History 1865 to Present [1]	3
GWOS 10	Gender in American Politics [1]	3
HIST 24	African Americans in U.S. History to 1877 [1]	3
HIST 25	African Americans in U.S. History 1865 to Present [1]	3
POLS 1	Introduction to American Government and Politics [1]	3
POLS 10	Gender in American Politics [1]	3
US-3: California State & Local Government		
ETNC 16	African-Americans in American Politics [1]	3
ETNC 18	Latinos in American Politics [1]	3
GWOS 10	Gender in American Politics [1]	3
POLS 1	Introduction to American Government and Politics [1]	3
POLS 10	Gender in American Politics [1]	3

[1] Course may be used to satisfy more than one US area.